



Healthcare. We Care.

The COPD Assessment Test (CAT)



The CAT has been designed to measure the impact of COPD* on a patient's health by enabling them to describe their symptoms more accurately. This will improve communication with their doctor and give a better understanding of the disease's true impact, allowing treatment to be better targeted and the patient's care to be optimised.^{1,2}

COPD limits airflow in the lungs causing breathing difficulties that affect patients' health, quality of life and ultimately survival. Over 210 million people worldwide have the condition³ and it causes around 250 deaths every hour, more than lung and breast cancer combined.^{4,5} However, partly due to difficulties in describing and assessing its full impact, it can be sub-optimally managed, causing patients to suffer increased symptoms, risk of hospitalisation and disability.^{6,7}

The items that form the CAT, which is designed for patients to complete themselves, were identified following many interviews with patients coupled with rigorous scientific methodology. A wide range of international experts in COPD, patient groups and professional societies also played a key role in its development.^{1,2}

The CAT, which was funded by GlaxoSmithKline (GSK), is freely available for use at: www.CATestonline.org.



References

1. Jones P, *et al.* Development and first validation of the COPD Assessment Test (CAT). Abstract 700144. Accepted for presentation at ERS 2009.
2. Jones P, *et al.* Development and first validation of the COPD Assessment Test. *Eur Respir J* 2009; **34**:648-54.
3. The World Health Organization. Media Centre; Chronic obstructive pulmonary disease (COPD). (Last accessed 8 August 2009). <http://www.who.int/mediacentre/factsheets/fs315/en/>.
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5. Ferlay J, *et al.* GLOBOCAN 2002. Cancer Incidence, Mortality and Prevalence Worldwide. IARC CancerBase No.5, Version 2.0. IARC Press, Lyon, 2004.
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Launch of Onbrez® Breezhaler® 150 µg

Novartis South Africa is pleased to announce the launch of Onbrez® Breezhaler® 150 µg (dry powder inhalation capsules) effective from 1 March 2013.



Product MCC Registration Number	NAPPI Code	Product Description	Schedule	SEP excl VAT	UTI Product Code	Barcode
44/10.2.1/0544	717402001	Onbrez® Breezhaler® 150µg Indacaterol maleate equivalent to indacaterol 150µg	S3	R 228.00	102003	6005534002814

For any queries please contact the Novartis Customer Support Line on 0861 929 929.



Bayer HealthCare Pharmaceuticals is excited to announce the launch of **XARELTO® 15** and **XARELTO® 20**, in South Africa. Each **XARELTO® 15** tablet contains 15 mg rivaroxaban and **XARELTO® 20** tablet contains 20 mg rivaroxaban.



XARELTO® 15 and XARELTO® 20 Indications:

- Prevention of stroke and systemic embolism in patients with non-valvular atrial fibrillation (SPAF).
- Treatment of deep vein thrombosis (DVT) and for the prevention of recurrent deep vein thrombosis (DVT) and pulmonary embolism (PE).
- Treatment of pulmonary embolism (PE) and for the prevention of recurrent pulmonary embolism (PE) and deep vein thrombosis (DVT).

XARELTO® 15 and XARELTO® 20 Dosage:

- Prevention of stroke and systemic embolism in patients with non-valvular atrial fibrillation (SPAF) **20 mg once a day**.
For patients with CrCl of 30 – 50 ml/min, 15 mg once a day is recommended.
- Treatment of deep vein thrombosis (DVT) and pulmonary embolism (PE) and for the prevention of recurrent DVT and PE **15 mg twice a day for the first 21 days, followed by 20 mg once a day.**

There is no need for routine coagulation monitoring, frequent dose adjustments or dietary restrictions with **XARELTO® 15** and **XARELTO® 20**.

Product name	Pack sizes	EAN code	NAPPI CODE	UTI PHARMA	SEP Excl VAT	SEP Incl VAT
XARELTO® 15 	42's	6006118001148	719859001	100767	R908.53	R1035.72
XARELTO® 20 	28's	6006118001186	719860001	100768	R605.68	R690.48

Should you require a local package insert or more information, please do not hesitate to contact us.
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FORVENT® DELAYS TIME to first exacerbation
- UPLIFT® GOLD stage II



INITIATION OF TREATMENT → 0 Months

Control patient: First exacerbation at 17,5 months^{2*}

UPLIFT® GOLD stage II
18 % RISK REDUCTION IN TIME TO FIRST EXACERBATION with FORVENT® vs. control²
P < 0,0001

5.6 MONTHS DIFFERENCE
P < 0,0001

FORVENT® patient: First exacerbation at 23,1 months^{2*}

*Median time to first exacerbation

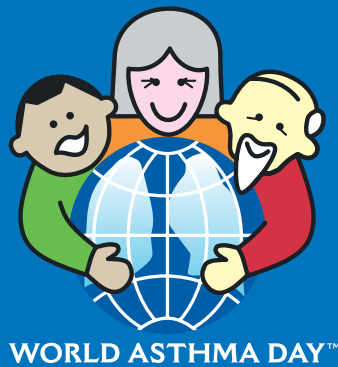


EXPERIENCE YOU CAN TRUST¹

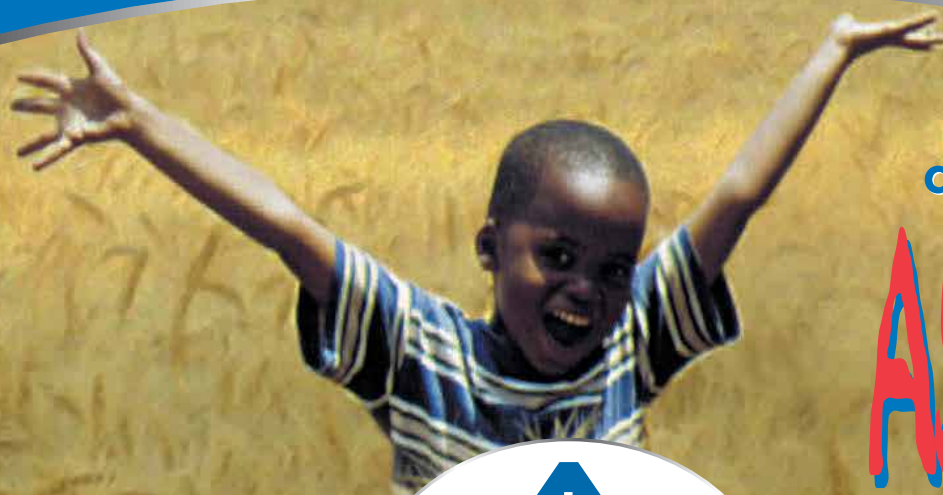


References: 1. Data on file: Boehringer Ingelheim International GmbH; 2. Decramer M, Coll B, Kristin S, et al. for the UPLIFT® investigators. Effect of tiotropium on outcomes in patients with moderate chronic obstructive pulmonary disease (UPLIFT): a prespecified subgroup analysis of a randomised controlled trial. Lancet 2009;374: 1171-78.

FORVENT® Capsules for Inhalation. Composition: Each capsule contains 18 µg tiotropium equivalent to 22.5 µg tiotropium bromide isonohydrate. Reg. No.: 3610.2.1/0945. For full prescribing information refer to the package insert approved by the Medicines Regulatory Authority Ingelheim Pharmaceuticals (Pty) Ltd, 407 Pine Avenue, Randburg. Tel. No. +27 (0)11 348 2400. Fax No. +27 (0)11 787 3766. Cpy. Reg. No. 1966/00818/07, BR Ref. No. 314/2014 (Aug 14).



Asthma limits the full potential of millions of South Africans



you can
control your

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